



## Who Should Attend

Physical Therapists  
Physical Therapist Assistants  
Occupational Therapists  
Occupational Therapist Assistants  
Athletic Trainers  
Exercise Physiologists  
Chiropractors  
Medical Doctors  
Kinesiologists  
Physicians  
Allied Health Professionals

## Contact Hours/CEUs

22.5 hours (3 days)  
2.2 AOTA CEUs

## Training

\$875 – On Demand  
\$975 – Live In Person  
\$975 – Live Webcast

## Education Level

Introductory  
No prerequisites required  
15:1 student to instructor ratio

## Content Domain

Category 1: Domain of OT – Work

## Course Approval

This course is approved throughout the US for physical therapists (see back for more information)

## Course Description

Our Functional Capacity Evaluation Certification Course is designed for professionals who are looking to expand their knowledge and/or implement legally defensible functional capacity evaluations into their practice. Following the completion of this 3-day course you will be able to plan, administer, and perform evidence-based FCEs that meet and exceed industry reliability and validity levels. Upon completion, you are certified to perform FCEs in their practice and can work towards level 2 certification as a Certified Functional Capacity Evaluator.

You will receive hands on testing experience performing a kinesiophysical based FCE protocol with a full FCE being performed on day three of the course. The protocols and training are built around assessment tools that have been court tested with published reliability and validity studies. Following the completion of this course you will receive ongoing testing support as you grow and expand your FCE practice.

Our Functional Capacity Evaluation Software will be utilized during the course as a training tool but is not necessary to take this course. All students will be provided paper based FCE templates to complete their FCEs if they choose not to implement the software. The FCE software will greatly improve your productivity and efficiency in completing FCEs.

Satisfactory course completion as an assessment of learned outcomes includes:

- Participation in the full three days of training
- Completion of a full FCE on day three of the course
- Completion of course quiz with a score of 80% or better in all course formats

## Learning Outcomes

- Recognize/identify the latest evidence-based research on a kinesiophysical FCE approach
- Explain and apply safe occasional, frequent, and/or constant abilities
- Demonstrate an ability to perform/document safe, reliable, and defensible FCEs
- Organize and extrapolate data to an eight-hour day
- Identify common consistency of effort and reliability of pain methods
- Implement high level FCE documentation that enhances your reports
- Participate in legal discussions that will back up your FCE results in a court of law

## Additional Course Content

- Introduction to Functional Capacity Evaluations
  - » The OccuPro evaluation philosophy
  - » Principles of functional capacity testing
  - » Proper FCE documentation
  - » Creating your FCE report or using FCE software
  - » Marketing and growing your FCE program
  - » Selecting FCE equipment and setting up your testing space
  - » Overview of the many types of FCEs you can perform
- Functional Capacity Evaluation Performance
  - » Intake process
  - » Job analysis, job descriptions, DOT, and other ways to gather the jobs physical demands
  - » Consistency of effort/reliability of pain ratings
  - » Sitting and standing
  - » Musculoskeletal testing
  - » Upper extremity testing/coordination
  - » Non-material handling, occasional material handling, and frequent material handling
  - » Job simulation
  - » Full FCE case study and practicum

## For more information:

3921 30th Ave., Suite A, Kenosha, WI 53144  
1-866-470-4440 | info@occupro.net | www.occupro.net  
www.occupro.net/education/course-cancellation-policy



### Approved for Physical Therapists

For your convenience, we have obtained physical therapy approval in many of the 50 states. Please contact us for a full and current list of courses approved in your state!



Approved Provider

### Approved for Occupational Therapists

OccuPro is an AOTA Approved Provider of professional development. Course approval ID# 6012. This Live In Person, Live Webcast, and On Demand format is offered at 2.2 CEUs and is an introductory education level course in the OT Domain of Work. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



### Approved for Athletic Trainers

We are recognized by the Board of Certification, Inc. to offer training courses to certified athletic trainers. Every course we offer is approved for continuing education units (CEUs) as defined by the BOC for certified athletic trainers. Our BOC approved provider number is P3880.

Any employee or agent of OccuPro is obligated to disclose any known potential conflicts of interest or financial gain when teaching OccuPro courses.



### Jim Mecham, MSIE, OTR/L, CPE, CFCE

Jim has dedicated his career to developing comprehensive industrial rehab programming that returns an injured worker to work as soon as possible. Within his career, he has developed multiple functional capacity evaluations with the crown jewel being the FCE within OccuPro's Software. Today, this FCE system is being performed on a daily basis by therapists throughout North America. Jim trains medical professionals how to perform these evidence-based, reliable, and valid functional capacity evaluations. In the development of his present FCE system, Mr. Mecham spent countless hours reviewing literature and research to make sure the FCE met the highest standards of evidence-based practice. He has presented at state and national conferences and written numerous articles in regards to evidence-based, reliable, and valid performance of FCEs. Jim's experience in the field of industrial rehabilitation, combined with his dynamic presentation style, is why professionals world-wide have participated in his FCE Certification Course.



### Eric Ahonen, ATC, LAT, CFCE

Eric has focused his career on restoring human performance. He received his Bachelor's Degree in 2009 from Carthage College. His athletic training experience provided a solid foundation for him to transition into industrial rehab in 2010. Eric brings years of experience working in outpatient physical therapy and was a Senior Industrial Rehab Specialist for a large private practice company, where he performed FCEs, Functional Progress Notes/Discharge Summaries, and created hundreds of work hardening/work conditioning programs.

His background in sports medicine has allowed him to think outside of the box and create some inventive job simulation and functional tasks for his patients. Eric has performed well over 1,000 evaluations using the OccuPro Software. Mr. Ahonen has been awarded the highest level of FCE certification and is a Certified Functional Capacity Evaluator. He also has experience working closely with employers and has performed hundreds of post offer employment tests. Eric's passion for treating the "industrial athlete" and many years of experience make him an asset for anyone looking to build a successful program.



### Paige Shafer, MS, OTR/L, CFCE, CEAS

Paige Shafer received her Masters Degree in Occupational Therapy from Rush University in Chicago, IL. She has years of clinical experience in hand therapy, industrial rehab, and ergonomics. She has performed hundreds of FCEs, including job specific and baseline for disability claims, and has worked in the clinic developing and implementing work hardening/conditioning programs. She is a Certified Functional Capacity Evaluator and a Certified Ergonomic Assessment Specialist. She has performed ergonomic evaluations in the office and industrial environments, and has worked with employers developing job demands analysis and injury prevention programs.

#### For more information:

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