



Injury Prevention Specialist Certification Course – Live In Person

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Day 1

Time	Subject	Content	Method of Instruction
7:45-8:00	Registration	Receive your course material	Training Compendium, Handouts
8:00-8:15	Introduction	Introduction of instructor and course overview	Lecture, Power Point
8:15-8:30	Introduction to On-Site Injury Prevention	Understand the types of on-site injury prevention services and injury prevention specialist responsibilities	Lecture, Power Point
8:30-9:00	Marketing Advertising Sales	Understand concepts for gaining leads, attending conferences/safety events, landing a customer meeting, and creating a proposal of services	Lecture, Power Point, Course Material, Video, Software
9:00-9:30	Customer Presentation	Understand concepts of preparing for your sales meeting, methods of presenting your sales pitch, and how to demonstrate a return on investment	Lecture, Power Point, Course Material
9:30-9:50	OSHA First Aid Guidelines	Analyze and understand OSHA First Aid rules, types of services delivered, medical information gathered, and what is considered recordable	Lecture, Power Point
9:50-10:00	Pre-Shift Stretching Programs	Evaluate and understand the value of pre-shift stretching programs, a good approach to implementing pre-shift stretching and how it ties into injury prevention	Lecture, Power Point, Course Material
Break 10:00-10:15			
10:15-10:45	On-Site OSHA First Aid with Work Related Injuries	Apply common processes for on-site injury prevention, how to perform your initial evaluation, and how to incorporate OSHA first aid into your services	Lecture, Power Point, Course Material, Video
10:45-10:55	On-Site Treatment of Non Work Related Injuries	Understand treatment and guidelines for non-work-related injuries	Lecture, Power Point, Course Material, Video
10:55-11:10	Rapid Rehab Response	Understand and apply concepts associated with performing injury prevention on an on-call basis	Lecture, Power Point
11:10-11:20	Assessing Injured Workers Job Tasks	Understand and apply concepts associated with performing walk through ergonomics after a near miss and when to dive deeper into an ergonomic evaluation when necessary	Lecture, Power Point
11:20-11:25	Near-Site Injury Prevention	Understand when to perform near-site injury prevention and how to implement this specialty service	Lecture, Power Point
11:25-11:35	Telehealth Injury Prevention	Understand when to perform telehealth injury prevention and how to implement this specialty service	Lecture, Power Point
Break 11:35-11:45			
11:45-12:45	Performing an On-Site OSHA First Aid Treatment	Apply and evaluate a step by step process of providing a standard OSHA first aid treatment session for a work-related early sign and symptom	Video
12:45-1:05	How to Grow Your On-Site Program	Understand and analyze keys to maintaining customer contracts, data/statistics to capture, how to demonstrate value and determine a return on investment	Lecture, Power Point, Course Material, Video
1:05-1:10	Certification Quiz	Complete a 20 question multiple choice quiz as the first step towards the Certified Injury Prevention Specialist Certification	Lecture