



# Injury Prevention Specialist Certification Course – On Demand

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Day 1

Time	Subject	Content	Method of Instruction
10 minutes	Introductions	Introduction of instructors and course overview	Lecture, PowerPoint
13 minutes	Introduction to On-Site Injury Prevention	Understand the types of on-site injury prevention services and injury prevention specialist responsibilities	Lecture, PowerPoint
27 minutes	Marketing Advertising Sales	Understand concepts for gaining leads, attending conferences/safety events, landing a customer meeting, and creating a proposal of services	Lecture, PowerPoint, Material, Video, Software
24 minutes	Customer Presentation	Understand concepts of preparing for your sales meeting, methods of presenting your sales pitch, and how to demonstrate a return on investment	Lecture, PowerPoint, Material
19 minutes	OSHA First Aid Guidelines	Analyze and understand OSHA First Aid rules, types of services delivered, medical information gathered, and what is considered recordable	Lecture, PowerPoint
10 minutes	Pre-Shift Stretching Programs	Evaluate and understand the value of pre-shift stretching programs, a good approach to implementing pre-shift stretching and how it ties into injury prevention	Lecture, PowerPoint, Material
22 minutes	On-Site OSHA First Aid with Work Related Injuries	Apply common processes for on-site injury prevention, how to perform your initial evaluation, and how to incorporate OSHA first aid into your services	Lecture, PowerPoint, Material, Video
6 minutes	On-Site Treatment of Non Work Related Injuries	Understand treatment and guidelines for non-work-related injuries	Lecture, PowerPoint, Material, Video
11 minutes	Rapid Rehab Response	Understand and apply concepts associated with performing injury prevention on an on-call basis	Lecture, PowerPoint
9 minutes	Assessing Injured Workers Job Tasks	Understand and apply concepts associated with performing walk through ergonomics after a near miss and when to dive deeper into an ergonomic evaluation when necessary	Lecture, PowerPoint
3 minutes	Near-Site Injury Prevention	Understand when to perform near-site injury prevention and how to implement this specialty service	Lecture, PowerPoint
7 minutes	Telehealth Injury Prevention	Understand when to perform telehealth injury prevention and how to implement this specialty service	Lecture, PowerPoint
60 minutes	On-Site OSHA First Aid Treatment	Apply and evaluate a step by step process of providing a standard OSHA first aid treatment session for a work-related early sign and symptom	Video
16 minutes	How to Grow Your On-Site Program	Understand and analyze keys to maintaining customer contracts, data/statistics to capture, how to demonstrate value and determine a return on investment	Lecture, PowerPoint, Material, Video
30 minutes	Certification Quiz	Complete a 20 question multiple choice quiz as the first step towards the Certified Injury Prevention Specialist Certification	Lecture