Injury Prevention Specialist Certification Course – On Demand

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Day 1

Time	Subject	Content	Method of Instruction
10 minutes	Introductions	Overview of the course structure, learning objectives, and instructor introductions to establish expectations for the training.	Lecture, PowerPoint
13 minutes	Introduction to On-Site Injury Prevention	Understand the various types of on-site injury prevention services and the key responsibilities of an Injury Prevention Specialist.	Lecture, PowerPoint
27 minutes	Marketing Advertising Sales	Understand strategies for generating leads, networking at conferences and safety events, securing customer meetings, and developing effective service proposals.	Lecture, PowerPoint, Material, Video, Software
24 minutes	Customer Presentation	Best practices for preparing and delivering effective sales presentations while demonstrating a clear return on investment (ROI) to potential clients.	Lecture, PowerPoint, Material
19 minutes	OSHA First Aid Guidelines	Analyze OSHA first aid regulations, identify appropriate treatment services, collect relevant medical information, and determine OSHA recordability requirements.	Lecture, PowerPoint
10 minutes	Pre-Shift Stretching Programs	Understand the benefits of pre-shift stretching programs, best practices for implementation, and their impact on reducing workplace injuries.	Lecture, PowerPoint, Material
22 minutes	On-Site OSHA First Aid with Work Related Injuries	Apply proven on-site injury prevention processes, conduct initial employee evaluations, and integrate OSHA first aid services into workplace injury management programs.	Lecture, PowerPoint, Material, Video
6 minutes	On-Site Treatment of Non Work Related Injuries	Understand best practices for evaluating and managing non-work-related injuries within an occupational health setting.	Lecture, PowerPoint, Material, Video
11 minutes	Rapid Rehab Response	Implement effective on-call injury prevention strategies to support employee health, reduce injury risk, and improve workplace outcomes.	Lecture, PowerPoint
9 minutes	Assessing Injured Workers Job Tasks	Ergonomic walkthrough techniques following near misses to identify risk factors and determine when a comprehensive ergonomic evaluation is warranted.	Lecture, PowerPoint
3 minutes	Near-Site Injury Prevention	Identify opportunities for near-site injury prevention services and develop strategies for successfully implementing and managing these programs.	Lecture, PowerPoint
7 minutes	Telehealth Injury Prevention	When telehealth injury prevention services are appropriate and how to effectively implement and manage this specialized service model.	Lecture, PowerPoint
60 minutes	On-Site OSHA First Aid Treatment	Applying a step-by-step process to evaluate, manage, and document work-related early signs and symptoms while maintaining compliance with OSHA guidelines.	Video
16 minutes	How to Grow Your On-Site Program	Key strategies for retaining customer contracts, tracking meaningful performance metrics, demonstrating program value, and measuring return on investment.	Lecture, PowerPoint, Material, Video
30 minutes	Certification Quiz	Complete a 20-question certification assessment as a key step toward earning the Certified Injury Prevention Specialist (CIPS) credential.	Lecture