



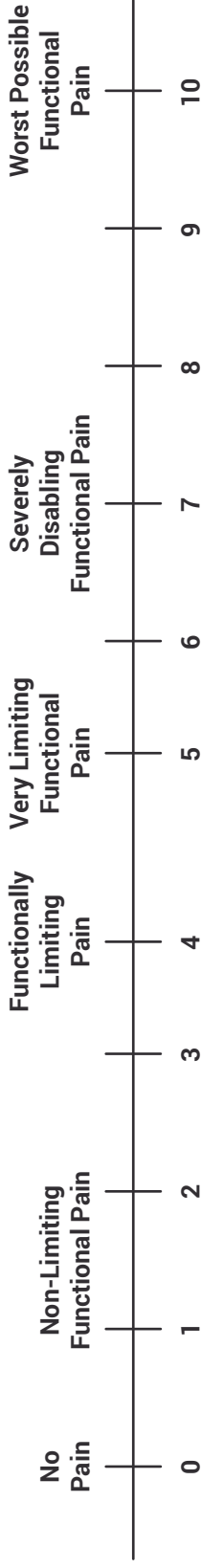
0–10 OccuPro Functional Pain Intensity Scale

Please choose a pain level that best describes the functional effect of your pain. You can use half points if your pain is higher or lower than the descriptions.

- 10 Worst Possible Functional Pain:** Pain that brings on complete incapacitation and requires immediate emergency hospitalization.
- 8–9** Pain that causes you to cease the entire evaluation/treatment with the potential for seeking medical help.
- 7 Severely Disabling Functional Pain:** You are unable to move or use the affected area. You have difficulty concentrating on anything but the pain. You will need to leave the area or lie down with pain related tears.
- 6** Pain that begins to cause disability and you will need some time to recover before continuing the activity/test.
- 5 Very Limiting Functional Pain:** Pain that causes great difficulty moving or applying strength through the painful area. You are unable to complete the current functional activity/test due to this pain.
- 4 Functionally Limiting Pain:** Pain that begins to cause limits in your present functional abilities.
- 3** Pain that is starting to affect your ability to perform the current functional activity you are performing.
- .5– 2.5 Non-Limiting Functional Pain:** You are experiencing pain but not at a level which would limit you from performing the current functional activity.
- 0** No Pain or Discomfort.



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Borg CR-20 Rating of Perceived Exertion Scale

