



Course Description

Our Functional Capacity Evaluation Certification Course is designed for professionals who are looking to expand their knowledge and/or implement legally defensible functional capacity evaluations into their practice. Following the completion of this 3-day course you will be able to plan, administer, and perform evidence-based FCEs that meet and exceed industry reliability and validity levels. Upon course completion, you are certified to perform FCEs in their practice and can work towards level 2 certification as a Certified Functional Capacity Evaluator.

You will receive hands on testing experience performing a kinesiophysical based FCE protocol with a full FCE being performed on day three of the course. The protocols and training are built around assessment tools that have been court tested with published reliability and validity studies. Following the completion of this course you will receive ongoing testing support as you grow and expand your FCE practice.

Our Functional Capacity Evaluation Software will be utilized during the course as a training tool but is not necessary to take this course. All students will be provided paper based FCE templates to complete their FCEs if they choose not to implement the software. The FCE software will greatly improve your productivity and efficiency in completing functional capacity evaluations.

Satisfactory course completion as an assessment of learned outcomes includes:

- Participation in the full 3 days of training
- Completion of a full FCE on day 3 of the course

Learning Outcomes

- Recognize/identify the latest evidence based research on a kinesiophysical FCE approach
- Explain and apply safe occasional, frequent, and/or constant abilities
- Demonstrate an ability to perform/document safe, reliable, and defensible FCEs
- Organize and extrapolate data to an eight-hour day
- Identify common consistency of effort and reliability of pain methods
- Implement high level FCE documentation that enhances your reports
- Participate in legal discussions that will back up your FCE results in a court of law

Additional Course Content

- **Introduction to Functional Capacity Evaluations**
 - The OccuPro evaluation philosophy
 - Principles of functional capacity testing
 - Proper FCE documentation
 - Creating your FCE report or using FCE software
 - Marketing and growing your FCE program
 - Selecting FCE equipment and setting up your testing space
 - Overview of the many types of FCEs you can perform
- **Functional Capacity Evaluation Performance**
 - Intake process
 - Job analysis, job descriptions, DOT, and other ways to gather the jobs physical demands
 - Consistency of effort/reliability of pain ratings
 - Sitting and standing
 - Musculoskeletal testing
 - Upper extremity testing/coordination
 - Non-material handling, occasional material handling, and frequent material handling
 - Job simulation
 - Full FCE case study and practicum

Who Should Attend

Safety & Health Professionals
Physical Therapists
Occupational Therapists
Athletic Trainers
Exercise Physiologists
Allied Health Professionals

Contact Hours/CEUs

22.5 hours (3 days)
2.2 AOTA CEUs

Training

\$875 – On Demand
\$975 – Live In Person
\$975 – Live Webcast

Education Level

Introductory
No prerequisites required
15:1 student to instructor ratio

Content Domain

Category 1: Domain of OT – Work

**Course is approved throughout
the US for physical therapists**

**Jim Mecham, MSIE, OTR/L, CPE, CFCE**

Jim has dedicated his career to developing comprehensive industrial rehab programming that returns an injured worker to work as soon as possible. Within his career, he has developed multiple functional capacity evaluations with the crown jewel being the FCE within OccuPro's Software. Today, this FCE system is being performed on a daily basis by therapists throughout North America. Jim trains medical professionals how to perform these evidence-based, reliable, and valid functional capacity evaluations. In the development of his present FCE system, Mr. Mecham spent countless hours reviewing literature and research to make sure the FCE met the highest standards of evidence-based practice. He has presented at state and national conferences and written numerous articles in regards to evidence-based, reliable, and valid performance of FCEs. Jim's experience in the field of industrial rehabilitation, combined with his dynamic presentation style, is why professionals world-wide have participated in his FCE Certification Course.

**Eric Ahonen, ATC, LAT, CFCE**

Eric has focused his career on restoring human performance. He received his Bachelor's Degree in 2009 from Carthage College. His athletic training experience provided a solid foundation for him to transition into industrial rehab in 2010. Eric brings years of experience working in outpatient physical therapy and was a Senior Industrial Rehab Specialist for a large private practice company, where he performed FCEs, Functional Progress Notes/Discharge Summaries, and created hundreds of work hardening/work conditioning programs. His background in sports medicine has allowed him to think outside of the box and create some inventive job simulation and functional tasks for his patients. Eric has performed well over 1,000 evaluations using the OccuPro Software. Mr. Ahonen has been awarded the highest level of FCE certification and is a Certified Functional Capacity Evaluator. He also has experience working closely with employers and has performed hundreds of post offer employment tests. Eric's passion for treating the "industrial athlete" and many years of experience make him an asset for anyone looking to build a successful industrial rehab program.

**Paige Shafer, MS, OTR/L, CFCE, CEAS**

Paige Shafer received her Masters Degree in Occupational Therapy from Rush University in Chicago, IL. She has 17 years of clinical experience in hand therapy, industrial rehab, and ergonomics. She has performed hundreds of functional capacity evaluations, including job specific, and baseline for disability claims, and has worked in the clinic developing and implementing work hardening/conditioning programs. She is a Certified Functional Capacity Evaluator and a Certified Ergonomic Assessment Specialist. She has performed ergonomic evaluations in the office and industrial environments, and has worked with employers developing job demands analysis and on-site injury prevention programs.