



### Who Should Attend

Physical Therapists  
Physical Therapist Assistants  
Occupational Therapists  
Occupational Therapist Assistants  
Athletic Trainers  
Exercise Physiologists  
Chiropractors  
Medical Doctors  
Kinesiologists  
Physicians  
Allied Health Professionals  
Safety & Health Professionals

### Contact Hours/CEUs

6 hours (1 day)  
.6 AOTA CEUs

### Training

\$500 – On Demand

### Education Level

Introductory  
No prerequisites required  
15:1 student to instructor ratio

### Content Domain

Category 2: OT Process – Prevention

### Course Approval

This course is approved throughout the US for physical therapists (see back for more information)

### Course Description

Vision and lighting are important components of an ergonomists evaluation of work station ergonomic risk. We have enhanced our standard office ergonomic course to include a vision component for ergonomic professionals who want to know more about how vision is evaluated, risk is determined, and solutions are implemented. This course is our standard office ergonomic course with an extra hour of content specifically related to how vision effects ergonomics.

Our Office and Vision Ergonomic Evaluator Training Course is designed for professionals who are interested in implementing or expanding their knowledge in the field of office ergonomic evaluations with a higher vision related component. Following the completion of this one-day online streaming training program, you will be able to analyze and identify common office and vision ergonomic risk factors and ultimately reduce these factors through the implementation of appropriate controls. The course will demonstrate and teach evaluation techniques and discuss how to implement a company wide office ergonomics program, how to evaluate ergonomic risk and vision related risk for the general ergonomic professional.

This course will provide detailed and hands-on instructions of commonly used office and vision ergonomic screening and assessment tools designed to identify high risk activities, rank multiple jobs for the need for ergonomic revisions, and provide direction for selection of office ergonomic solutions. Common upper extremity and vision ergonomic related disorders will be discussed with a focus on causative factors and reducing risk factors. The course will consist of hands-on use of office and vision ergonomic assessment tools using actual work stations culminating in discussion of office and vision related ergonomic recommendations.

Satisfactory course completion as an assessment of learned outcomes includes:

- Participation in the full one day of training
- Performing office ergonomic evaluations
- Classroom presentation/critique of your ergonomic evaluations
- Completion of course quiz with a score of 80% or better in all course formats

### Learning Outcomes

- Identify and perform current office ergonomic evaluation tools
- Differentiate common office ergonomic assessment tools and their benefits
- Identify common computer ergonomic risk factors and solutions
- Identify/select basic methods of implementing ergonomic workstation solutions
- Select appropriate engineering and administrative controls to reduce risk factors
- Develop and implement a full injury reduction program
- Perform a full office work station ergonomic analysis and present findings to classmates

### For more information:

3921 30th Ave., Suite A, Kenosha, WI 53144  
1-866-470-4440 | info@occupro.net | www.occupro.net  
www.occupro.net/education/course-cancellation-policy



### Approved for Physical Therapists

For your convenience, we have obtained physical therapy approval in many of the 50 states. Please contact us for a full and current list of courses approved in your state!



### Approved for Occupational Therapists

OccuPro is an AOTA Approved Provider of professional development. Course approval ID# 6012.

This Live In Person, Live Webcast, and On Demand format is offered at .7 CEUs and is an introductory education level course in the OT Domain of Prevention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



### Approved for Athletic Trainers

We are recognized by the Board of Certification, Inc. to offer training courses to certified athletic trainers. Every course we offer is approved for continuing education units (CEUs) as defined by the BOC for certified athletic trainers. Our BOC approved provider number is P3880.



### Jim Mecham, MSIE, OTR/L, CPE, CFCE

Jim has performed industrial and office ergonomic courses for individual attendees and corporate clients since 1998 and has taught ergonomic courses internationally with rave reviews secondary to the amount of hands on practical experience he brings to the course. Jim has provided North American organizations with injury cost reduction ergonomic consultation services that positively influence their bottom line since 1996. His ergonomic consultation experience includes individual ergonomic consultation within many manufacturing, warehousing and medical practices. He has also run corporate ergonomic initiatives for employers with 500 to 15,000 employees.

His Bachelors of Science degree in Occupational Therapy and Masters of Science in Industrial Engineering provides a perfect fit to teach medical, engineering and safety professionals the latest in industrial and office ergonomics evidence-based practice. Jim is a board certified ergonomist and has been awarded the certification of a Certified Professional Ergonomist through the Board of Certification in Professional Ergonomics. Jim's extensive experience in the field of industrial, healthcare and office ergonomics, combined with his dynamic presentation style is why professionals globally continue to participate in his Office Ergonomic Evaluator and Industrial Ergonomic Evaluator Certification Courses.



### Kevin Walker, COEE, LDO

Kevin Walker is a Licensed Optician who received his degree in Ophthalmic Dispensing from SUNY New York. Kevin has dual ABOC and NCLEC Certifications from the American Board of Opticianry. Kevin has worked at his own practice with Optometrists, Ophthalmologists and has led, spoken and developed several training programs. Kevin became Certified in Office Ergonomics via Occupro and formed "WorkSight ERGO", specializing in Vision Ergonomics. He resides in Ohio and enjoys outside activities with his wife and daughter.

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